

The George, Hippo Autumn 2020 Menu- Allergens

Name of Dish	S u l p h i t e s	G l u t e n (Please specify which gluten)	F i s h	M l i s c	C r u t a c e n	M i l k	L u p i n	C e l l e r y	E g g	M u s t a r d	N u t (Please specify which nut)	P e a n u t	S e a s a l t	S o y
Anytime, Anywhere														
Pork & smoked cheese sausage roll, Colman's English mustard	YES	WHEAT				YES		YES	YES	YES				
Dirty fries	YES					YES								
Black Pudding Scotch egg, piccalilli	YES	WHEAT				YES		YES	YES	YES				
Pork belly bites	YES													
Crispy squid, coriander, chilli, lime	YES	WHEAT		YES	YES	YES								
Starters														
Homemade soup of the day		WHEAT												
Hippo hot wings, Chef Lee's hot sauce, Oxford blue cheese dip	YES					YES								
Roasted red pepper hummus, toasted ciabatta	YES	WHEAT												
Peri-peri calamari, chorizo sausage, toasted ciabatta	YES	WHEAT	YES	YES	YES									
Chicken liver parfait, toasted ciabatta, cornichons, pickled baby onions, red onion chutney	YES	WHEAT				YES		YES	YES	YES				
Salt beef bites, mustard mayonnaise	YES	WHEAT				YES			YES	YES				

Guidelines*Source of gluten and nuts must be specified e.g. wheat, oats or almonds, walnuts

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Ndjua, mac 'n' smoked cheese, truffle royale, toasted ciabatta	YES	WHEAT				YES		YES	YES	YES				
Salads and Sarnies														
Omega salad, smashed sweet potato, avocado, rocket, spinach, omega seeds, goji berries, vine tomatoes, turmeric bulgur wheat, red pepper hummus	YES	WHEAT				YES	YES		YES					
Marinated chicken Caesar salad; Baby gem, anchovy, crispy bacon, soft boiled hen's egg, crouton, Caesar dressing		WHEAT	YES			YES			YES	YES				
Beetroot Falafels	YES													
Ultimate three cheese toastie		WHEAT				YES				YES				
Salt beef bagel, gherkin, mustard mayo, fries	YES	WHEAT								YES				
Fish finger sandwich	YES	YES	YES							YES				
Pies, Mains and Pub Classics														
Maureen's beef pie	YES	WHEAT						YES						
Maureen's veggie pie	YES	WHEAT						YES						
Sous vide pork belly, black pudding, mash potato, celeriac, greens, apple, pork gravy	YES					YES		YES					YES	
Line-caught fish & chips, tartare sauce, peas	YES	WHEAT	YES						YES					

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36 hour cured, ½ Shropshire chicken, rocket & vine tomato salad, harissa aioli, minted new potatoes	YES								YES	YES				YES (aioli)
The Hippo Burger, cheddar, crispy smoked bacon, Hippo burger sauce, red onion marmalade, dill pickle, fries	YES	WHEAT							YES	YES				
The Hippo Spiced Bean Burger, cheese, Sriracha mayo, red onion marmalade, dill pickle, fries	YES	WHEAT								YES				
Honey roast ham, egg and chips	YES								YES	YES				
Desserts														
Hippo-Bocker Glory		WHEAT				YES			YES					
S'More chocolate brownie, vanilla ice cream, cocoa soil		WHEAT				YES			YES					
Sticky toffee pudding, honeycomb, salted caramel ice cream		WHEAT				YES			YES					
Ice Cream Union scoop (ask for flavours)						YES			YES					
Sides														
Chips or fries														
Buttered greens						YES								
Green garden salad	YES							YES						

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Boiled new potatoes						YES								
Children's Menu														
Soup of the day, bread and butter		WHEAT				YES								
Kids veggie sticks and hummus	YES													
Hippo chicken wings & rubies ketchup	YES													
Hippo house burger & chips	YES	WHEAT								YES				
Sausages, mash, greens, gravy						YES		YES						
Fish & chips, peas		YES												
'This is not chicken' nuggets chips and rubies ketchup	YES							YES						YES
Fruit salad & ice cream						YES			YES					
Kids Hippo-Bocker glory		WHEAT				YES			YES					
Chocolate brownie, vanilla ice cream		WHEAT				YES			YES					
Sunday Roasts														
Roast Beef	YES	WHEAT				YES		YES	YES					
Roast Chicken	YES	WHEAT				YES		YES	YES					
Roast Pork	YES	WHEAT				YES		YES	YES					
Vegetarian Roast	YES	WHEAT				YES		YES	YES					

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