

Summer 2021 - The George - Allergen Matrix

Name of Dish	Sulphites	Gluten	Fish	Molluscs	Crustacean	Milk	Lupin	Celery	Egg	Mustard	Nut	Peanut	Sesame	Soya
Anytime, Anywhere & Starters														
Pork & smoked cheese sausage roll, Colman's English mustard	YES	WHEAT				YES		YES	YES	YES			YES	
Hippo hot wings, Chef Lee's hot sauce, Oxford blue cheese dip	YES					YES								
Ndjua Scotch egg, piccalilli	YES	WHEAT				YES		YES	YES	YES				
Baked "Ras el hanout" & beetroot falafels, maftoul & chickpea, tzatziki (v)		DURUM						YES		YES				
Pork belly bites, apple sauce	YES													
Homemade soup of the day, toasted sourdough (v)		WHEAT				YES								
Roasted red pepper hummus, toasted pitta (v)	YES	WHEAT												
Dirty fries						YES								
Crispy squid, coriander, chilli, lime	YES	WHEAT		YES										
Peri-peri calamari, chorizo sausage, toasted ciabatta		WHEAT		YES										
Salads														
Classic Caesar, baby gem, anchovy, crispy streaky bacon, soft boiled hen's egg, crouton, dressing		WHEAT	YES			YES			YES	YES				
Sweet potato & avocado salad, rocket, spinach, turmeric bulgur wheat, roasted red pepper hummus, apple cider vinaigrette (vg)	YES	WHEAT						YES		YES				
Sarnies														
Salt beef bagel, gherkin, mustard, fries	YES	WHEAT								YES				
Ultimate three cheese toastie (v)		WHEAT				YES				YES				

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Fish finger sandwich, tartare sauce	YES	WHEAT	YES						YES	YES				
Main Courses														
Maureen's beef pie, mash, liquor or gravy	YES	WHEAT				YES								
Maureen's veggie pie, mash, liquor or gravy (v)	YES	WHEAT				YES								YES
Honey roast ham, egg, chips	YES								YES	YES				
Harissa 12-hour marinated ½ Shropshire chicken, rocket & vine tomato salad, garlic aioli, chips (gf)	YES								YES	YES				
Line-caught sustainable fish & chips, tartare sauce	YES	WHEAT	YES						YES					
'House' Burger, cheddar, crispy smoked bacon, Hippo burger sauce, red onion marmalade, crispy dill pickle, fries	YES	WHEAT				YES			YES	YES				
'House' Vegan Burger; pulled oats patty, vegan cheese, THIS-Isn't bacon, Chef Lee's hot mayo, red onion marmalade, dill pickle, fries (vg)	YES	WHEAT											YES	YES
Sides														
Buttered greens						YES								
Green salad	YES													
Chips														
Fries														
Puddings														
Hippo-Bocker glory		WHEAT				YES			YES					
S'More chocolate brownie, vanilla ice cream, cocoa soil		WHEAT				YES			YES					
Sticky toffee pudding, honeycomb, salted caramel ice cream		WHEAT				YES			YES					
Ice Cream Union						YES			YES					

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BBQ Food														
24 hour marinated jerk chicken, green salad, red cabbage & fennel slaw, hot sauce	YES							YES		YES				
½ baby back rack of ribs, green salad, red cabbage & fennel slaw, beer BBQ sauce	YES							YES		YES				
Quarter pounder steak sausage dog, caramelised onions, Rubies In The Rubble ketchup, mustard, green salad red cabbage & fennel slaw	YES	WHEAT								YES				YES